



Karma Dog Training Playsheet I

I want you to imagine you are about to incarnate as a dog and it's time to choose what kind of owner you will have. Write a list of qualities the "perfect owner" for you would possess. Write 10 qualities this person would have to have in order for you to feel comfortable, confident and courageous enough to incarnate as a dog.

The 10 qualities the perfect dog owner for me would possess.

EXAMPLE:

- 1) COMPASSIONATE
- 2) PATIENT
- 3) UNDERSTANDING
- 4) LOVING
- 5) POSSESS A WILLINGNESS TO DO WHATEVER IT TAKES TO TAKE CARE OF ME PROPERLY
- 6) ACCEPTING OF MY FAULTS, BUT NOT ENABLING OF THEM
- 7) VERY POSITIVE ATTITUDE, POSITIVELY ENCOURAGING ME ALL THE TIME
- 8) SO LOVING
- 9) HAVE AN ACCEPTANCE OF OUR LIFE TOGETHER
- 10) RESPECTFUL, COURTEOUS OF ME AND MY RIGHT AS A BEING, ANOTHER SOUL

The 10 qualities the perfect dog owner for you would possess.

CREATE YOUR OWN LIST:

- 1)
- 2)
- 3)
- 4)
- 5)
- 6)
- 7)
- 8)
- 9)
- 10)

Now I want you to imagine that you are about to take an oath to be this dog's owner and as such, you are agreeing to hold yourself accountable to these exact qualities while you raise this dog. Visualize taking this oath and recognize the magnitude of what you are doing. Thank God for the incredible opportunity to go on this amazing spiritual journey together that will surely test your fortitude in sticking to what you agreed to.

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