



The following information was inspired by the teachings of Paul Owens.
He is the founder of Raise with Praise Inc. & author of “The Dog Whisperer” & “The Puppy Whisperer”.
Both his books and DVD’s (available at dogwhispererdvd.com) are highly recommended!

5 Helpful Things to Remember

1) Only say each signal once and then remember the 45 second rule.

Give your dog up to 45 seconds “to think” and figure it out. He will usually get it if your patient.

2) If you dog doesn’t do the behavior you asked for, simply back up to the point your dog was successful!

Ex: If your dog will “stay” when you ask him from two feet away but won’t “stay” when you ask from three feet away, come a little closer and try again. *No big deal!*

Simply go at your dog’s own pace.

3) Three-Step Formula for achieving any desired request.

Step 1: Get The Behavior

(Either with a hand signal or by luring with a piece of food)

Step 2: Add the word (voice cue) with the hand signal

(Say “sit”, “stay”, or “come” *in addition* to just the hand signal)

Step 3: Voice only

(No hand signals whatsoever)

4) When starting any new behavior:

- a) Avoid distractions
- b) Don’t go too far, too fast
- c) Keep the sessions short, 60 to 90 seconds

5) 50% of all your dog training is what is known as “Spontaneous Training”.

Whenever you see your dog do something you like (even if you haven’t asked for that behavior),

praise and reward your dog so he’ll be more likely to repeat that behavior in the future.

Ex: If every time you came to my house I gave you a \$100 bill for sitting in a specific chair, it’s more than likely that when you come to my house in the future, you’re going to sit in that same exact chair.

This is also referred to as “The Magnet Game”.

Whenever you see your dog doing something you like, even if you haven’t asked for it, that behavior acts as a magnet that draws your *attention, praise and rewards*.